

## JACKSON PUBLIC SCHOOL DISTRICT

Response to Instruction and Intervention (Rtl<sup>2</sup>)

Behavior Interventions - Specific Strategies and Replacement Behaviors

Form C-7 (Team use only)

**PURPOSE:** Forms C-1 through C-20 are used by the team to select a Replacement Behavior and strategies specific to the behavior of concern.

**INSTRUCTIONS:** This document is to be used after interventions from the **Behavior Interventions – Universal Strategies** list have been attempted and a behavior analysis has been conducted using the **Behavior Analysis Worksheet – Form C**. Once a Communicative Function has been selected by the team, additional behavior interventions can be determined. For common strategies is listed by function, refer to the checklist titled, **Behavior Intervention Strategies Organized by Communicative Function**. For behavior-specific strategies, as well as recommended Replacement Behaviors, use this document as a foundation for considering appropriate interventions.

The team must select a Replacement Behavior (see examples in the "Replacement Behavior" section) and choose at least two strategies: one from the "Strategies for Teaching or Increasing Positive Replacement Behaviors" section and one from the "Tiered Intervention Strategies" section.

## 7. INAPPROPRIATE PERSONAL TOUCHING Definition: Any sexual self-stimulating behavior including touching private parts, putting hands in pants, rocking, "humping" furniture, etc. Communicative Function: In the following boxes, check the Communicative Function, as determined on the Behavior Analysis **Worksheet - Form D**, and indicate the more specific description. □ Escape ☐ Wants to avoid non-preferred activities or people ☐ Other ☐ Attention ☐ Wants attention from teacher ☐ Wants attention from peers ☐ Other \_\_\_\_\_ ☐ Seeks pleasure ☐ Seeks reduction of stress ☐ Feels bored □ Sensorv ☐ Other \_\_\_\_\_ □ Tangible □ Other Replacement Behavior Choose one Replacement Behavior from the list below. The Replacement Behavior serves the same Communicative Function (obtains the same outcome) as the behavior of concern and is a skill that may need to be systematically taught and/or reinforced (see the strategies box following this checklist). To monitor the progress of the Replacement Behavior, note the baseline, assessment/progress monitoring tool(s), frequency of measurement, and long-range goal (LRG) in Section 3 of Intervention Plan - Form 7. **Escape** When trying to avoid a non-preferred activity, student will: ☐ Use words, signs, pictures, or gestures to appropriately express need and will participate in finding a mutually acceptable solution. ☐ Let teacher know his or her concerns. ☐ Ask for choice of alternate activity. ☐ Use a daily or weekly "opt-out" card when wanting to avoid a specific activity or task. The student ☐ Request a supervised walk for a brief period of time. □ Other

Attention	When desiring attention, student will:  ☐ Ask to tell a joke or read a story.  ☐ Request a leadership role (passing out papers, etc.).  ☐ Other
Sensory	When feeling the need to inappropriately touch himself or herself, student will:  ☐ Ask to use the restroom.  ☐ Use another relaxation technique.  ☐ Engage in physical activity (e.g., sports).  ☐ Choose a socially appropriate activity from choice board.  ☐ Other
Tangible	□ Other

## Strategies for Teaching or Increasing Positive Replacement Behaviors

- ▶ If the student already uses the Replacement Behavior, but uses it inconsistently or inappropriately, the skill will need to be encouraged or reinforced in the following ways:
  - Develop and implement contract with student to reinforce skill.
  - · Reinforce for attempts to use the skill.
  - Reinforce for increased use of the skill.
  - Prompt to use more often.
- ▶ If the student does not demonstrate the Replacement Behavior, refer to the following list of suggestions for systematically instructing the Replacement Behavior.
  - Teach, model, practice, and reinforce the Replacement Behavior in the school setting (class, cafeteria, playground, etc.) with the individual student on a regular basis (e.g., daily or weekly) or as a whole class lesson followed by practice within the whole group.
  - Create a network of support through an integrated school and community approach, such as the Student Assistance
     Program, to address self-management, social skills, a new skill, and/or an underlying need. Support networks include (but
     are not limited to) the following:
    - weekly individual or small group sessions where the student can observe modeling and will role play and/or practice the Replacement Behavior
    - small group facilitation, per district protocol, implemented by an appropriately trained person (teacher, counselor, speech-language pathologist, school nurse, occupational therapist, school psychologist, school administrator, paraprofessional, etc.)
    - individual counseling provided by an appropriately qualified professional who addresses acquisition of desired skills
  - Model and practice desired skills.
  - Expand learning opportunities through forums such as After School programs or clubs where desired skills can be practiced.

Note the chosen strategy in Section 4 of **Intervention Plan–Form 7**. Also indicate person responsible, group size, setting, frequency, duration, intervention tier level, and review date.

## **Tiered Intervention Strategies**

In addition to teaching the Replacement Behavior, the team will also select a Tiered Intervention Strategy to assist in reducing the

	concern. Possible strategies are listed below. Note the strategy and all relevan Plan – Form 7.	ant information	on in Section 4 of
Escape	<ul> <li>□ Reward for reduced or lack of incidence.</li> <li>□ Teach appropriate ways to request help.</li> <li>□ Other</li></ul>		The teacher will
Attention	<ul> <li>□ Teach appropriate ways to touch at school, explaining personal space and</li> <li>□ Give frequent attention when student is not engaged in behavior.</li> <li>□ Ignore mild behaviors.</li> <li>□ Other</li></ul>	I privacy.	
Sensory	<ul> <li>□ Provide opportunity for vigorous exercise or more interesting activities.</li> <li>□ Provide fidget items to keep hands busy.</li> <li>□ Teach stress management and relaxation strategies.</li> <li>□ Discuss socially appropriate behaviors and concepts.</li> <li>□ Call in school nurse to confer with family or find out health issues (rashes,</li> <li>□ If behavior plan specifies, allow student to go to bathroom when requested</li> <li>□ Other</li> </ul>		
Tangible	□ Other		